

**For Immediate Release: MEDIA Contact:**

December 1, 2015 Leanna Bernhard

Profiles, Inc.

410-243-3790

[Leanna@profilespr.com](mailto:Leanna@profilespr.com)

**THE Y IN CENTRAL MARYLAND TO HOST HOLIDAY BREAKFAST**

*Families will enjoy holiday-themed activities and a light breakfast*

(BALTIMORE)— You’re invited to a holiday breakfast hosted by The Y in Central Maryland Family Centers on Saturday, December 12th. Children will enjoy pictures with Santa, as well as a variety of fun holiday-themed activities. Each Family Center throughout the region will host its own event. **Specific times vary by location.** Space is limited; please register at your nearest Family Center Y at least 48 hours in advance.

**WHAT:** Holiday Breakfast

**WHEN:** Saturday, December 12th

**WHERE:** TheY in Central Maryland Family Centers

Please see locations at: [www.ymaryland.org](http://www.ymaryland.org)

**COST:** FREEfor members

$5 for community members

$10 for community families

**INFO:** For more information, please visit [www.ymaryland.org](http://www.ymaryland.org) or visit your local Family Center Y

**Our Mission:**  
The Y in Central Maryland is a charitable organization dedicated to developing the full potential of every individual through programs that build healthy spirit, mind and body for all.

**Our Commitment:**

At the Y, we are committed to providing family-oriented, affordable, high quality programs.

A cause driven organization with three areas of vital focus:

* *For Youth Development*: nurturing the potential of every child and teen
* *For Healthy Living*: improving our community’s health & well-being
* *For Social Responsibility*: giving back and providing support for our neighbors

The Y is a place for everyone.  People of all races, ages, faiths, gender, abilities, backgrounds and incomes are welcome and financial assistance on a sliding scale is available to those who would otherwise be unable to participate.

**Our Values:**

Caring, Honesty, Respect and Responsibility

More information can be found at [www.ymaryland.org](http://www.ymaryland.org)

*###*