




DANCE Challenge TRACKER

Dance to make a difference

Track your progress by making notes and checking off each day you have taken part in the Barnardo's Dance Challenge.

What music did you dance to?
 What style of dancing did you do?
 How did dancing make you feel?

Notes	Monday	Tuesday	Wednesday	Thursday	Friday
	<input type="text"/> minutes	<input type="text"/> minutes	<input type="text"/> minutes	<input type="text"/> minutes	<input type="text"/> minutes

Don't forget to share your progress using the #BarnardosDanceChallenge