



BREAKFAST

MONDAY - FRIDAY 6.30AM - 11AM / SATURDAY - SUNDAY 6.30AM - 12PM

Grilled cheese scone, whipped butter, seasonal jam [v] 7

Housemade toast [1], whipped butter, season jam OR Fix and Fogg peanut butter [v, ve*, gf*, df*] 6

Seasonal fruit, Greek yoghurt, poached berries [v, ve*, gf, df*] 13.5

Housemade granola, Greek yoghurt, poached berries [v, ve*, df*] 15.5

Coconut bircher muesli, seasonal fruit, poached berries [v, ve, df] 14.5

Eggs on toast [poached, scrambled or fried] [v, gf*, df] 12

Sterling Breakfast; two eggs, bacon, sausage [1], wood-fired tomatoes, mushrooms, hollandaise, toast [df*] 27

Eggs Benedict; poached eggs, local bacon, hollandaise, bagel 21

Benedict hash; poached eggs, sautéed greens, housemade hash brown, hollandaise [v, gf] 19

Avocado, sourdough, zucchini butter, goat's cheese, chilli, lemon [v, ve*, gf*, df*] 17
add poached egg 3.5

Smoked fish & herbed crème fraîche bagel, cucumber, pickles [gf*] 17

Ricotta pancakes, real maple syrup, whipped butter [v] 13
add seasonal fruit & mascarpone 4 / add bacon 4

BLAT on Joey's foccacia; bacon, avocado, fresh tomato, smoked tomato relish, mayo, Cos lettuce [gf*, df] 16
add fried egg 3

House-made Turkish baked beans, wilted greens, toast [v, ve, gf*, df] 14
add poached egg 3

HOT DRINKS

Eighthirty coffee from 4.5

TLeafT 4.5

Chai 5

Hot chocolate 5

House-made lemon, honey & ginger 5

SIDES

Bacon [gf, df] 6.5

Pork sausages [2] 6.5

Mushrooms [v, ve, gf, df] 6.5

Tomatoes [v, ve, gf, df] 6.5

Black pudding 6.5

Avocado [v, ve, gf, df] 6.5

Halloumi [v, gf] 7

Hash brown [v, ve, gf, df] 6

Wilted greens [v, ve, gf, df] 6.5

Hollandaise [v] 2

JUICES

Homegrown cold pressed juice

Orange 5

Apple 5

Berry smoothie 6

Immunity; raw fruit, vegetables, ginger, tumeric 6

v - vegetarian, ve - vegan, gf - gluten free, df - dairy free

* dietary available on request