



## YOUR BABY AT 2 MONTHS

### Immunizations:

- Today: Pediarix , HIB, Prevnar.
- Your baby may have a slight fever and fussiness after immunizations.
- Give Tylenol 40 mg, which is 0.4ml infant drops every 4 hours as needed. Use a warm compress if erythema and
- Tenderness over the injection occurs.

### Nutrition:

- Feeding intervals lengthened at night
- No solid foods

### Safety:

- Please use car safety restraints. Rear facing until a year of age
- Do not drink hot liquids when holding your baby
- Do not smoke around your baby
- Toys should be unbreakable and contain no small, detachable parts or sharp edges
- Toys must be too large for baby to swallow.

### Hints:

- Sleep patterns are highly variable and duration of sleep is not related to the amount or
- Kind of feeding
- You need to spend individual time playing or reading to other brothers and sisters
- Don't forget to find time for yourself!!

### Normal Development: 2 to 3 Months

- Has increasingly smoother motions.
- Lifts chest momentarily when lying on tummy.
- Holds head steady when held or seated with support.
- Discovers hands and fingers.
- Grasps with more control.
- May begin to sleep through the night.
- Displays greater variety of emotions; distress and excitement.
- Cries less frequently.
- Knows difference between male and female voices.
- Quiets down when held or talked to.
- Responds more to mother than to anyone else.
- Gurgles and coos, particularly when talked to.
- Normal Development 3 to 4 months:
- Turns from side to back.
- May roll from side to side.
- Reaches for objects but misses.
- Holds objects for a short period of time.
- Takes steps when held in standing position.
- Holds head steady and erect.
- May sleep through the night.
- Coos, smiles, and wiggles to express pleasure.
- Babbles with one syllable sounds.
- Laughs aloud
- Cries differently when mother leaves.
- Cries when left alone; usually stops when adult returns.
- Is fascinated with new objects and activities.
- Is quiet friendly with mother and several other familiar people
- Continues to prefer the human face to all other objects.
- 

### Immunizations next visit:

- Pediarix HIB Prevnar.