

MOVE IT IN MAY

Throughout May we will be running a month-long social media campaign - **Move it in May!** This campaign will consist of weekly challenges to engage your team in supporting Humanitarian Scholarships at Monash and creating a momentum for the main event in July.

Dates: 4 – 31 May 2020

Cost: free

Location: remote participation via @monashmoveitforgood Instagram page with challenges posted on participant socials as they are completed.

Weekly themes:

- Week 1 - Awareness raising
- Week 2 - Cooking Challenge
- Week 3 - Get moving -Monash Sport online fitness classes
- Week 4 - Dance Challenge

Registering for the event

For both the **Monash Run for Refugees** in July and the **Move It In May**, the registration process is simple. All you need to do is each fill out the jotform and our team will create your fundraising profile and send you the login details. This jotform covers the entire **Move It For Good** campaign!

<https://form.jotform.com/MonashUniversity/move-it-for-good-registration>

For more information, feel free to contact us via email or head to our social media for the latest updates!

Facebook - Monash Runs for Refugees

Instagram - @monashmoveitforgood

Welcome to the team and thanks for your support for Monash Humanitarian Scholarship

